

KNOWLEDGE ON THE RUN

Presents



SURF & SERVICE PANAMA

In this itinerary, students will venture to the Playa Venao in Panama's northwestern corner. Our students will work with the Waved Foundation, a Panamanian NGO that focuses on improving the lives of young children in Panama through academic programs, school infrastructure projects, and the sport of surfing. Our service will unfold in two parts. First, our students will fundraise, as a group, to raise money for school supplies for the Waved Foundation students. Second, our students will participate in a building project to improve the infrastructure of a local school. The build will be supervised by KOR staff, professional contractors, and representatives of the Waved Foundations. Students will stay at Beach Break Surf Camp on the beach in Venao where they will get to partake in surf lessons both individually and with students of the Waved Foundation.





Aug 1: We will fly direct from Houston to Panama City. After landing, our private transport will pick us up at the airport and we will drive to Playa Venao.

Aug 2: Students will have the opportunity to participate in early morning surf lessons before we head off to get introduced to our service school. Students will meet the head contractor of the project and work side-by-side with his staff at the school.

Aug 3: Students will have the opportunity to participate in a morning surf lesson before leaving for our day of service. We will continue to work on site at the school.

Aug 4: Students will have the opportunity to participate in a morning surf lesson before leaving for our day of service. We will continue to work on site at the school.

Aug 5: Students will have the opportunity to participate in a morning surf lesson before leaving for our day of service. We will continue to work on site at the school. After returning from our service, students will have the opportunity to participate in a short hike to a beautiful nearby waterfall.

Aug 6: Students will have the opportunity to participate in a morning surf lesson before leaving for our day of service. We will continue to work on site at the school.

Aug 7: Students will have the opportunity to participate in a morning surf lesson before leaving for our day of service. We will continue to work on site at the school. After our service, students will have the opportunity to stand up paddle board through the nearby mangroves.

Aug 8: Students will have the opportunity to participate in a morning surf lesson before leaving for our day of service. We will continue to work on site at the school.

Aug 9: Our final day in Playa Venao will be spent with the student from the school. We will host a soccer game on the beach, as well as a rugby lesson.

Aug 10: A private transfer will take us from Playa Venao to the airport in Panama City, where we will depart for Houston.

Lodging & Safety Information

Lodging

Beach Break Surf Camp is a boutique style beach hotel located on Playa Venao in the northwest corner of Panama. Students will share rooms in either triple or quad style rooms. Playa Venao is a small beach town in Panama. In recent years, a budding tourism industry has developed resulting in a good selection of lodging and dining options. Nearby cities in Panama include Las Tablas and Pedesi. Our breakfast will be included with our lodging, lunch will be taken with us to the work site, and we will eat dinner out each night at one of Playa Venao's many restaurants.

Safety

At Knowledge on the Run, safety is our number one priority when planning a trip. Our safety and behavioral measures are mandatory and contractually enforced. Students must sign our behavioral agreement prior to departing. Additionally, we will enforce location-specific safety measures, such as no one in the ocean unsupervised, no going out at night, and obviously no alcohol or drug use, regardless of a location's drinking age laws. At Beach Break Surf Camp, all surf instructors are ISA certified. Meaning they are knowledgeable lifeguards capable of keeping our students safe in the ocean. At the work site, proper safety attire must be worn by students at all times. Students will be taught to use tools safely, and they will be supervised while doing so. Students will remain under our supervision, with the exception of while they are in hotel rooms, during the entire duration of the trip.



Price & Sign Up Info

\$3000 Per Student

Whats Included

Knowledge on the Run's Surf & Service Panama Trip is an all-inclusive itinerary. For the above-mentioned price, Knowledge on the Run will include airfare, all ground transportation, lodging, three meals a day, surf lessons, and a photo package.

Sign up Information

To sign up for Surf & Service Panama, please contact Knowledge on the Run by email (morgan@knowledgeontherun.com) or by visiting our website (www.knowledgeontherun.com). Upon signing up, students and parents will be required to fill out a student application, a parent questionnaire, a student medical form, and a behavioral agreement.

Deadlines

Surf & Service Panama 2019 has 10 student openings. The trip is first come first serve for all qualified applicants. Students and parents must sign up by March 25 and submit payment by April 25 to guarantee a spot on the trip. If additional time is needed, Knowledge on Run will make case by case exceptions.

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